

## PRE-SURGERY INSTRUCTIONS

Be sure you take all medications as prescribed by your physicians, unless specifically discussed with your dentist, and changes approved by the doctor who prescribed that medication.

We use local anesthesia at our office. We therefore recommend that you not fast before your appointment, but rather eat your regular meals and drink plenty of water as this will help to keep you comfortable and reduce nausea sometimes associated with local anesthesia and antibiotics.

If you take anticoagulants or “blood thinner” medications, be sure to discuss this with your dentist before surgery. Blood thinners might be discontinued a few days before tooth extraction or implant placement. You should consult with your physician before pausing physician recommended treatment.

If you should need a pain reliever during the three days before the surgical procedure, Acetaminophen (Tylenol) may be used. You should avoid the use of Aspirin related products for three days prior to the procedure. Advil, Aleve, Ibuprofen, and other anti-inflammatories are also not to be taken at this time.

Other herbs or supplements with blood thinning side effects are also not to be consumed in the three days prior to surgical dental procedures. This would include supplements such as the following:

- coenzyme Q10
- fish oil
- garlic
- ginger
- ginko biloba
- ginseng
- glucosamine
- lycopene
- magnesium
- selenium
- vitamin A
- vitamin E

Our goal is to provide a comfortable environment for you, our patient. Speaking with you about the surgery process and expectations helps us to provide you with the best patient care. Always feel free to ask questions!

If you have another question after arriving home from your dental consultation, feel free to call us at **Dentures Plus 913-227-0466**.